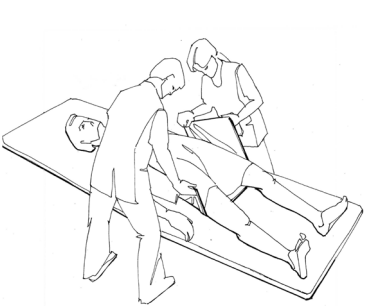
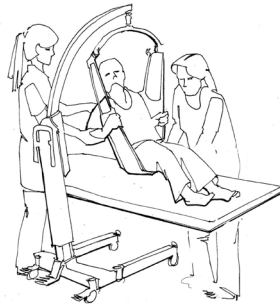


Traditional Repositioning *

Hercules Repositioning™



Two Person Pull with Draw Sheet



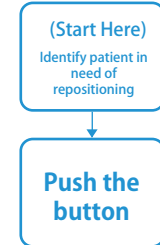
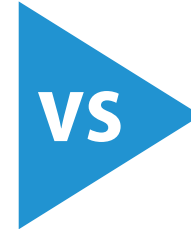
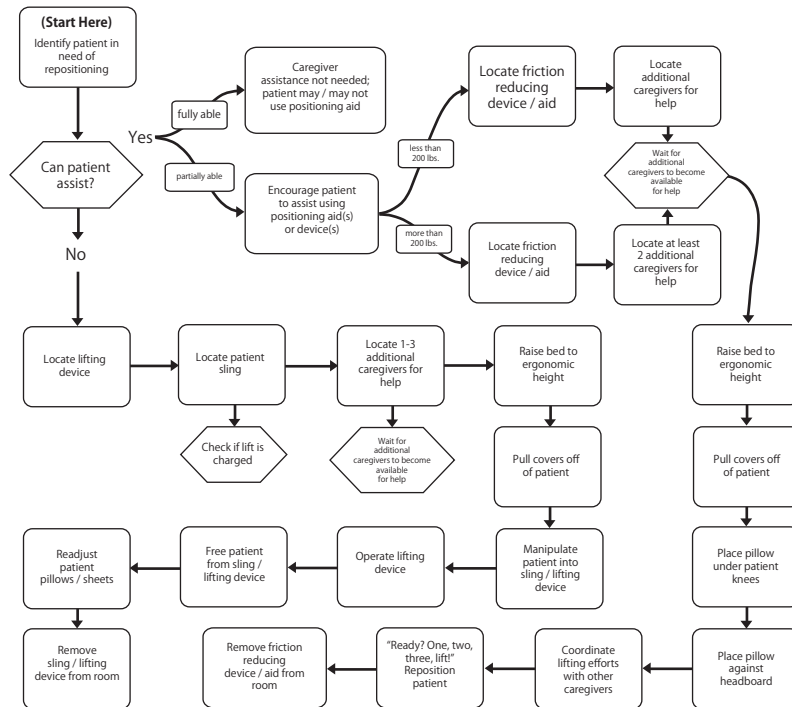
Mobile Sling / Ceiling Lift



Two Person Thigh & Shoulder



HERCULES
PATIENT REPOSITIONER



- This is not a one person task: DO NOT PULL FROM HEAD OF BED.
- When pulling a patient up in bed, the bed should be flat or in Trendelenburg position (when tolerated) to aid in gravity, with the side rail down.
- For patients with Stage II or IV pressure ulcers, care should be taken to avoid shearing force.
- The height of the bed should be appropriate for staff safety (at the elbows).
- If the patient can assist when repositioning "up in bed," ask the patient to flex the knees and push on the count of three.
- During any patient handling task, if the caregiver is required to lift more than 35 lbs. of a patient's weight, then the patient should be considered to be fully dependent and assistive devices should be used.

* The chart expressed in this diagram does not represent the view of the Department of Veterans Affairs. No claim made to U.S. government material.